

Life MAPPING

INSTRUCTIONS

Use this template for mapping out your relationships and responsibilities. Add circles and lines stemming from each main area. Feel free to recreate your map on a separate paper instead of using this template. Be sure to include on your map the following relevant pieces:

- time in the Word, Bible Study, prayer, worship, attending church
- exercise, doctors appointments, rest, pleasure
- specific work and ministry responsibilities, including leadership, committees, and the emotional take home factor
- home administrative tasks, chores, errands, hospitality
- home or traditional schooling and kid's activities
- relationship with spouse, children, extended family, and friends

